



Rheed McCracken

- ◆ 4x Paralympic representative – London, Rio, Tokyo, Paris;
- ◆ 6x Paralympic Medallist (3xS, 3xB);
- ◆ 2023 – Inducted into the Little Athletics Hall of Fame;
- ◆ 2012 Junior Athlete of the Year;
- ◆ 4x World Championship representative & 7x World Championship medallist;
- ◆ 2017 – World Record holder T34 100m;



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Never underestimate the impact a sporting hero can have on the generation coming after them. For if it hadn't been for Kurt Fearnley being a standard-bearer for para-sport in Australia, then the talents of Rheed McCracken might never have been realised.

Although he'd always wanted to pursue a career in Para-athletics, an invitation for Rheed to meet and race against Kurt no doubt set him on his path to glory. After this pivotal moment, Rheed made his Paralympic debut at 15 years old in London 2012 - winning a silver medal in the 100m (T34) and bronze in the 200m.

Repeat appearances in Rio 2016 and Tokyo 2020/21 and Rheed has tallied 6 Paralympic medals across the 4 games – 3x silver, 3x bronze in 100m, 200m and 800m events. His recent bronze in Paris in the T34 800m was an outstanding performance in a strong field of athletes.

Rheed was born with diplegic cerebral palsy, affecting coordination and muscle movement in his legs. Rheed has always found a way to overcome any setbacks and has his sights set firmly on Paris 2024 as he chases further athletic glory.

Rheed tells his story of achievement through commitment and sacrifice. Themes of leadership and resilience punctuate his story and are resonant for most corporate environments. Rheed can relate his sporting experience and achievements to staff and teams across a broad range of businesses.

Location: Sydney



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